

Our Lady and All Saints Catholic Church
13 New Road Stourbridge
Tel 01384 395308



THE SEASON OF LENT 2024

ASH WEDNESDAY 14th FEBRUARY

Masses: 9-00am, 12-30pm and 7-00pm

CAFOD LENT FAMILY FAST DAY 23rd FEBRUARY

A Collection will be taken over the weekend 24th/25th February.

CHURCHES TOGETHER IN STOURBRIDGE LENT COURSE

For more details via our website

BIBLE STUDY

Wednesday, 10-00am in the Parish Centre.

IGNATIAN PRAYER MEETING

1st and 3rd Wednesday via Zoom visit our website for more details.

DIVINE MERCY CHAPLET

Thursdays, Mass 9-00am followed by praying the Divine Mercy.

HOLY HOUR

Thursday. 3-00pm – 4-00pm (With meditations, rosary etc), starting Thursday 22nd February

STATIONS OF THE CROSS

Fridays, 9-00am and 7-00pm Mass followed by Stations of the Cross.

ADORATION

Saturdays, Mass 10-00am followed by Adoration,

CONFESSIONS

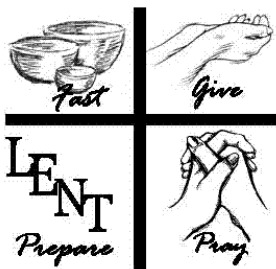
Available any day after Mass and Saturday 10-30am – 11-00am, please speak to a Welcomer.

SUNDAYS IN LENT

Masses:

Sat 5-00PM

Sun 8-30AM AND 11-00AM



PRAY – FAST -GIVE

LENT is 40 days from Ash Wednesday concluding with the Triduum (the three days) Holy Thursday, Good Friday and the Easter Vigil.

The 40 days help us to identify with Jesus, who spent 40 days in fasting and prayer in the desert before beginning his public ministry. It is a time for spiritual reflection and renewal of our commitment to Christ, who gave up his life for us.

LENT

The Gospel mentions three ways - **Prayer** (God), **Fasting** (Self) and **Almsgiving** (Others) – making time for God each day, - a time for Prayer, Weekday Mass, Stations of the Cross, Spiritual Reading, the Rosary, Divine Mercy Chaplet, Reconciliation, Meditation, Serving and Helping those in Need, the Foodbank.

A Simple Prayer (daily for Lent) –

In Jesus' Name, we pray,
In Jesus' Name, we serve,
In Jesus' Name, we live. Amen.

Website – www.olas.org.uk

Webcam www.mcn.live/camera/our-lady-all-saints

Walk with Me Booklets and Calendars are available.
in the porch as you leave Mass.